

THE JOURNEY →



Book Club Discussion Questions

1. Lindsey's life has been blighted by her childhood, leaving her under-confident and, in a way, fearful of life itself. On the other hand, Eleanor has both confidence and an intrepid outlook. How important do you think nature versus nurture has been in how Lindsey and Eleanor view life?
2. Who was your favorite character? Why?
3. What aspect of the walking tour did you enjoy the most? Could you envisage undertaking such a trip yourself?
4. Lindsey's decision to undertake the trip is motivated mostly by her need for change. What's the biggest thing you have ever done in the quest for personal growth?
5. Who do you think faces the biggest challenge during the course of the walking holiday? Why?
6. Eleanor gives Lindsey a piece of advice: if you get a metaphorical stone in the shoe of life you should stop and take it out. How hard do you think this really is?
7. Almost all of the characters change during the course of the trip. Which character's change of thought or circumstance resonated with you the most?
8. In what ways do you think the characters would stay connected beyond the end of the story?